

ANIMAL HOKEY POKEY

GRADES: K-2

FORMATION: Standing in a circle

EQUIPMENT: None

LEARNING OUTCOMES: Prescribed movement to musical rhythm

SAFETY CONSIDERATIONS: Remind participants to be cautious when moving and to be aware of the personal space of others. Check that the participants have enough space to perform the activities safely.

RULES/DIRECTIONS:

1. Have students stand in a circle. Students are assigned to individual animal groups.
2. Sing the following song to the tune “The Hokey Pokey”. Students do the actions when their animal is announced. Do the Hokey Pokey at the animal zoo.

Go elephants go!

You swing your big trunk in
You swing your big trunk out
You swing your big trunk in
Then you shake it all about
You do the hokey Pokey
Then you swing your trunk around
That’s what it’s all about.

You stomp one big leg in
You stomp one big leg out
You stomp one big leg in
Then you shake it all about
You do the hokey Pokey
Then you stomp all around
That’s what it’s all about.

You stomp the other leg in
You stomp the other leg out
You stomp the other leg in
Then you shake it all about
You do the hokey Pokey
Then you stomp all around
That’s what it’s all about.

Go Gorillas go!

You pump one big arm in
You pump one big arm out
You pump one big arm in
Then you flex it all about
You do the hokey Pokey
Thump your chest all around
That's what it's all about

You pump the other arm in
You pump the other arm out
You pump the other arm in
Then you flex it all about
You do the hokey Pokey
Thump your chest all around
That's what it's all about

Now Snakes!

You wiggle your tongue right in
You wiggle your tongue right out
You wiggle your tongue right in
Then you slither all about
You do the Hokey Pokey
And you ssss all around
That's what it's all about

You rattle your tail right in
You rattle your tail right out
You rattle your tail right in
Then you slither all about
You do the Hokey Pokey
And you ssss all around
That's what it's all about

Cheetahs Go!

You prowl with one paw in
You prowl with one paw out
You prowl with one paw in
Then you shake it all about
You do the Hokey Pokey
And you growl all around
That's what it's all about
You run, run right in
You run, run right out

You run fast like cheetah
Then you shake it all about
You do the Hokey Pokey
And run fast all around
That's what it's all about

Sloths go-slow

You move slowly in
You move slowly out
You move slowly in
Then you shake it all about
You do the Hokey Pokey
Then you slowly move around
That's what it's all about

Dolphins do the Hokey Pokey

You flap your flippers in
You flap your flippers out
You flap your flippers in
Then you shake them all about
You do the Hokey Pokey
And you swim all around
That's what it's all about