

DPA RAP

GRADES: K-6

FORMATION: Standing in their own personal space

EQUIPMENT: None

LEARNING OUTCOMES: LANGUAGE ARTS

SAFETY CONSIDERATIONS: Remind participants to be cautious when moving and to be aware of the personal space of others. Check that the participants have enough space to perform the activities safely.

RULES/DIRECTIONS:

Students can make up their own rap song and design their movement activities. Students move in general space as they sing the Rap. Emphasis is on movement variation and sequence. The Rap is as follows:

Monday, Monday, DPA is great today
Tuesday, Tuesday, let's be happy today
Wednesday, Wednesday, let's play sports today
Thursday, Thursday, let's eat healthy today
Friday, Friday, let's make a new friend today
Saturday, Saturday, let's do our homework today
Sunday, Sunday, let's get ready for Monday!!