

# FROZEN VOCABULARY

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GRADES: 2-6

FORMATION: Standing in their own personal space

EQUIPMENT: None

LEARNING OUTCOMES: Language Arts/Mathematics

SAFETY CONSIDERATIONS: Remind participants to be cautious when moving and to be aware of the personal space of others. Check that the participants have enough space to perform the activities safely.

RULES/DIRECTIONS:

1. Begin by having students do an activity standing at their desks- Toe touches, Bicep Curls, Knee Lifts, Jumping Jacks, Sit Ups, Push Ups, Heel Jacks, Skipping, Knee Touches, Bicep Curls/Heel Jacks, Squats, Lunges, Shoulder Presses, Jumps to the Sky, Twist, Calf Raises, Run On The Spot, Kicks, Squat Jumps.
2. Students continue each activity until the teacher calls out a vocabulary word at which point the students freeze.
3. Teacher calls on a volunteer to use the vocabulary word properly in a sentence.
4. Resume activity or begin a new activity when a student uses the vocabulary word properly in a sentence.

Suggestions:

Students can define vocabulary word.

Students can spell the word.

Students can name a synonym or antonym.

For math, students can give the sum, difference, or quotient of two numbers.

This is an excellent activity to teach vocabulary to ESL students.