

# I SENSE I MOVE

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GRADES: K-3

FORMATION: Standing in their own personal space

EQUIPMENT: Sense Cards

LEARNING OUTCOMES: HEALTH: Students will be able to identify five senses (sight, smell, taste, hearing, touch)

SAFETY CONSIDERATIONS: Remind participants to be cautious when moving and to be aware of the personal space of others. Check that the participants have enough space to perform the activities safely.

RULES/DIRECTIONS:

Sense cards are placed in numbered stations throughout the classroom. Students are divided into groups of four. When the teacher gives the signal, groups go to assigned stations as indicated by a number. They turn the card over which contains a description of one of the five senses. They are to be given three or four minutes to create a movement activity that will lead fellow students to identify the sense associated with the movement.