

SQUARE OFF

GRADES: K-2

FORMATION: Standing in their own personal space

EQUIPMENT: None

LEARNING OUTCOMES: LANGUAGE ARTS: Recognition of upper/lowercase letters, letter/sound recognition alphabetizing.

SAFETY CONSIDERATIONS: Remind participants to be cautious when moving and to be aware of the personal space of others. Check that the participants have enough space to perform the activities safely.

RULES/DIRECTIONS:

The teacher projects a square grid on the board. Starting with the first square, the teacher asks the first letter of the alphabet. Once the letter has been named, the student who named the letter must offer a physical activity to complete in one minute. Once four letters have been recognized, the class must say the four letters and complete 25 jumping jacks. This format continues until the alphabet is complete. A follow-up to this activity is to follow this format and focus on associating a word with the letter. For example, upon recognition of the letter "A", the students must identify a word that starts with the letter "A" (apple) and pretend they are actively eating an apple as they are walking through the woods.