

TOP 10 SNACKS

*(As Decided by 42 Western School District Caterers
In Healthy Snacks Contest, May 2008)*



1. Frozen Yogurt Tubes
2. Apple Slices
3. Baked Lays (Original)
4. Carrot Sticks & Dip
5. Cheese Strings
6. Yogurt
Frozen 100% Fruit Juice Bars
7. Fruit Parfait
Fruit Cups (ex. Strawberries, kiwi, grapes, bananas, watermelon)
Bananas
8. Popcorn (Light)
Veggie Bags (ex. Celery & carrots with light ranch dressing)
9. Oranges
Raisins
Yogurt Parfait (ex. Strawberry & Vanilla yogurt, strawberries)
Diced Peaches in Water or Juice
10. Cereal bars (check Brand Name Food List)