

## **Healthy Schools Community Grants Program November 06 Grant Review**

JJ Curling Elementary, Corner Brook. Fitness Classes held two evenings per week for parents, teachers and students. Aims to promote and model active living for all.

Burgeo Academy. Early Morning Exercise. Students begin each day with an exhilarating warm-up.

Jakeman All Grade. READ Project. Aims to enhance student literacy through a variety of ways that also promote healthy living.

Elwood Elementary. The Healthy Habits Committee plan to coordinate several activities throughout the year to encourage and educate parents and students on proper nutrition, safety and physical activity.

Elwood High. A Wellness Day to promote active living and healthy eating to be planned and coordinated by a student committee.

Stephenville Primary. Family Math Day with a focus on healthy eating as well.

St James All Grade. Let's Grow Up Healthy is a project planned to help increase awareness on healthy eating and active living.

St Thomas Aquinas. Playground Playland. A project to provide students with increased opportunities for physical activity on their school ground.

## **February 07 Review**

E.A. Butler All Grade School. School and Community Health Day. A day for all staff, student and the community aimed at promoting a healthy lifestyle. Will include displays in the gym, classroom presentations, outdoor activities, healthy snacks and cooking demonstrations.

St James Elementary. St James Elementary Playground. School plans to raise \$15,000 over the next 3 years for a playground from several sources. Goal is to increase access for children to be more active.

G.C. Rowe. Tobacco Control – Deal or No Deal Activity. The student health committee plan to develop and deliver this interactive game to all students in their school. Goal is to increase awareness of issues around tobacco and promote smoke-free messages.

Corner Brook High School. Healthy Eating Breakfast Club. Two commercial blenders and glasses for the breakfast club. Hoping to attract more students to the club by offering a nutritious and energizing smoothies.

Grandy's River Collegiate. Playground project. Plans to create an outdoor play area for students. Goal to increase opportunities for students to participate in physical activity. School seeking funding from various sources for this project.