



Community Grants Application Package

Revised 2005/08/01

Northern Regional Wellness Coalition Community Grants Application Package

Overview

What is the Northern Regional Wellness Coalition?

The Northern Regional Wellness Coalition is comprised of community-based organizations, agencies and government departments. The goal of our coalition is to improve the wellness of every resident. According to the Provincial Wellness Strategy, August 2003, wellness is... “a state of emotional, mental, physical, social and spiritual well-being which enables people to reach their personal potential within their communities. In keeping with this ideology, the Coalition is presently undertaking initiatives that promote and support **healthy living, healthy environments and mental health.**

What is the purpose of Community Grants?

The purpose of Community Grants is to provide monetary and resource support to encourage community involvement and action to promote our three priority areas as mentioned above. As a result, promotional items are available (please see budget section of application).

Who is eligible to apply?

Our Community Grants will target non-profit groups/individuals who are working to promote wellness in their communities. Eligible groups/individuals may include but are not limited to:

- School Councils
- Family Resource Centres
- Community groups/centers targeting children/youth
- Community groups/centers targeting seniors

Please note:

Eligible groups must be operating from the geographical area served by the Northern Regional Wellness Coalition. The Coalition serves a rural region that is broken into two parts by a geographic barrier: the Strait of Belle Isle. On the western side of the Straits is the south Labrador Coast, from L'Anse-au-Clair to Norman Bay. On the eastern side of the Straits, the Coalition serves communities from New Ferolle/Reef's Harbour on the west side of the Northern Peninsula, up the coast and around to the east side as far down as Englee in the White Bay area.

What can community grants be used for?

The Community Grant can be used to fund a variety of activities that promote one or more of the following areas of wellness:

Healthy Living (e.g. healthy living, physical activity, being smoke free)

Healthy Environment (e.g. recycling program, pollution education)

Mental Health (e.g. stress management, coping skills, self-esteem building)

Although these are presently our priority areas, the Coalition accepts proposals for in other areas such as **Injury Prevention, Health Protection, Chronic Disease Prevention and Child and Youth Development.**

What will not be funded /not eligible?

- Contributions to annual fund-raising drives
- Core operating expenses
- Capital expenditures e.g. computers
- Scholarships or bursaries awarded to individuals

What amount of funding will be available?

Grants will be available for a maximum of **\$1000.00**. Other projects may be considered at the discretion of Community Grants Review Committee.

How do groups/individuals apply for a Community Grant?

Each group/individual must include the following in the application package:

- Community Grant Application Form
- Mail completed application package to the Northern Regional Wellness Coalition at the address indicated on the forms.

Note: **Tips** for completing the Application are provided in this package.

How and when will successful applicants be notified?

All applications will be reviewed by the Northern Regional Wellness Coalition - Community Grants Review Committee. You will be informed via letter/fax/email of the status of the application.

Do grants recipients have to complete a final report for the Coalition?

YES. All grant recipients will be required to submit a final report with pertinent evaluation. Please include participant feedback in your final report.