



# Nutrition Month School Activity Grants

March 1 - 31, 2012

## Guidelines and Application

1. Teachers, Principals, Community Health Nurses, and Communities in Schools Coordinators are encouraged to apply for grants to encourage healthy eating with Western School District students (and possibly parents) during Nutrition Month (March). **Note: We strongly encourage working together with the local community health nurse in planning and delivering these activities.**
2. Applications must be received no later than **Friday, February 17<sup>th</sup> 2012**. Please mail or fax applications to:  
Bill Allan, School Health Promotion Consultant  
Western School District  
10 Wellington Street  
Corner Brook, NL, A2H 6G9  
Fax: (709) 634-1828 or E-Mail: [bill.allan@wnlsd.ca](mailto:bill.allan@wnlsd.ca)
3. The maximum grant provided will be \$200.00. Applications will be reviewed on an individual basis. The review of the grant proposals will take into account the number of participants and efforts to educate the students and promote healthy eating. **We require some effort to educate students and need more than the providing of a snack after a walk.**
4. Successful applicants will receive a brief Evaluation Form to complete. Once the activity has been completed and Evaluation Form received, a cheque for the awarded amount will be issued to the school.
5. In any case where the total amount of the grant awarded was not spent, the remaining funds should be returned to the Western School District c/o Bill Allan with a cheque payable to the Western School District.

## 2012 Nutrition Month Grants Application Form

<b>Applicant Information</b>	
<b>Contact Person:</b>	<b>Position and Email:</b>
<b>Name of School:</b>	
<p><b><u>For School Personnel Only:</u></b></p> <p>Did you consult with your public health nurse about this project?   <input type="checkbox"/> Yes   <input type="checkbox"/> No</p> <p>If Yes, please specify who you consulted with:</p>	<p><b><u>For Community Health Personnel Only:</u></b></p> <p>Did you consult with teachers in the school about this project?   <input type="checkbox"/> Yes   <input type="checkbox"/> No</p> <p>If Yes, please specify who you consulted with:</p>
<b>Nutrition Month Proposal</b>	
<p>Name of Project: Describe your project for Nutrition Month.</p>	
<b>Education and Health Promotion</b>	
<p>How will you educate students and promote healthy eating during Nutrition Month?</p>	
<b>Date of Activity:</b>	<b># of people to take part in the activity:</b>
<b>How much money do you need for this project? (Maximum \$200.00)</b>	
<b>How will the funds be used? (Please specify items &amp; cost.)</b>	
<b>Signature of Applicant:</b>	<b>Date:</b>